

Penney Peirce's Intuition eNews

THE VISIONARY TIMES

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A FORUM FOR PRACTICAL VISIONARIES

Greetings/News

Dear Friends,

This is the first issue of my free e-newsletter, THE VISIONARY TIMES. You are receiving it because you signed up from a mailing, or on my website, or because we've communicated or worked together in the past. To unsubscribe, send a return email with REMOVE in the subject line. If you know someone who might like to receive this, please feel free to pass it on.

My intention with this newsletter is to help us remember to tap into our inner worlds on a regular basis, to look below the surface of the hubbub we're immersed in so we can find important themes and guidance.

I'll include regular features in each issue, things I think will bring tidbits of inspiration, help you focus on intuition-enhancing thoughts, take intuition-enhancing actions, and encourage you to share your inner reality more confidently with others:

- **Greetings and News:** My personal message to you.
- **Quote:** A little inspiration that ties in with the monthly theme.
- **Topic of the Month:** I'll tune in to feel for a unifying theme for the time period, something we might focus on to be more intuitive and on purpose.
- **Take Action Exercise:** Something you can do to explore the monthly topic.
- **Inner Views:** Commentary by Penney; looking at the inner dynamics of an interesting idea.
- **Journal Prompt:** A question or two to write about in your journal, pertaining to the monthly theme.
- **Excerpt from *The Present Moment*:** One of the daily affirmations, exercises and anecdotes from my daybook.
- **Penney's 2002 Calendar:** Look here for my latest classes and travel schedule.
- **Announcements:** Look here for useful tips, offerings by Penney or her colleagues, interesting conferences or gatherings.
- **Visionaries' Corner:** Send Penney any intriguing visions you've had, quotable stories or writings by the world's great visionaries, flashes or feelings about underlying societal trends, even your results with the exercises in previous newsletters.

Because I think design helps in clear communication, and because I get confused reading online newsletters that come as an email with minimal html formatting, I've decided to experiment with sending this as a Word document attachment.

So: Why "VISIONARY"? That word popped into my head last year and began persistently haunting me. I realized that what we need now in our culture, in our world, are "practical visionaries," people who can stretch up into the higher realms, connect with the collective consciousness of all souls and of the planet, merge with and understand the evolving overarching Vision and Plan, then translate that back down into human terms again, and with both feet on the ground, lovingly implement the

Vision.

Though intuition is much more than working with sight, it is through sight that most of us receive the first flashes of spiritual/soul knowing. We have “insight.” As we work longer with our perception, we realize that intuition, or direct knowing, comes equally through every sense, and eventually through the direct transmission of pattern from one dimension to another. Let’s just start where we are and begin filling in our perceptual skills, with an eye toward becoming a practical visionary. As we go, let’s keep in mind that the nature of time has changed and: THE FUTURE IS IN THE NOW.

Quote

*“See how nature—trees, flowers, grass—grows in silence?
See the stars, the moon, and the sun—how they move in silence?
We need silence to be able to touch souls.”*

--Mother Teresa

Topic of the Month

Silence, and Integrating the Impact of 9/11

I sense that a tremendous amount of data was released into our subtle energetic selves with the explosions of September 11th. I believe that openings caused by large group deaths and the deaths of spiritually important individuals allow an inflow of higher knowing, or a larger amount of awareness about how we are to evolve, to download into us. Then it takes time to integrate that data and begin to use it. We may feel that the event waves from that catastrophe have faded to mere ripples now, and that life is back to normal. But we are different inside, and soon to be different on the outside, too.

I encourage you to use the power of silence to drop down below any numbness, residual panic, or amplified emotion now. Stop your internal dialogue repeatedly during the day and listen for the heart of silence. In that spot is an insight about what you are to do, and who you really are. What knowing has been transmitted into you as a result of September 11th? Try keeping this idea close to you this month.

Take Action Exercise

Drop Deeper into Your Body

To expand your sense of the present moment, simply drop your attention out of your “to-do” list, deadline orientation, and the line of running verbal commentary that cycles continuously through your waking brain into one of your senses. Try your sense of smell or touch today. Pretend you’re an animal, knowing the world directly through your nose, or through the nerve endings on your skin, or through hearing as far into the distance as you can. Your senses connect you more directly with your body, which is always in the moment. As you attend to what one of your senses is receiving, your mind will slow down automatically, and your intuition will open. Then you can get the truly important and inspired messages. Focus on: **My body is trying to tell me something important.** What are your body’s key concerns today? Hint: The body never says “should”!

Inner Views

An Intuitive View of September 11

Commentary by Penney Peirce

As someone who makes her living from intuition, I was surprised I didn't have any psychic discomfort immediately before or during the September 11 terrorist attacks. Even afterward, I was amazingly calm. I felt drawn to remain calm and do simple nurturing things, like cook up some tomato and pesto sauce from the vegetables in my garden. I remember walking outside just after hearing the shocking news that morning and a hummingbird buzzed across in front of me to happily hover in the zinnias by my front door. I wondered: Was he at all affected by the chaos of the moment in our human realm? Or was the daily routine of his little life helping maintain a crucial balance in the world?

Wondering if I'd been severely asleep at the wheel, I quieted myself and looked more deeply into what was happening under the surface of these events—and several insights came to me. First, I remembered an odd experience I had several years ago when I was working in Baltimore and TWA flight 800 crashed, not far from where I was, outside New York City. That day, I was doing life readings, and about noon I suddenly became very sleepy and could hardly think. I desperately wanted to sleep but I had a client. As I prepared to go into the meditative state I access for my readings, I thought I heard voices in the hallway. I was certain some workmen had come into the house and said so to my client. "No one's here," she said. But I was so convinced, I got up and went to check. Sure enough, no one. I finished the reading and fell into a "coma nap" until the next client arrived. After that session, I again fell asleep, literally "like the dead." My hostess woke me when she came home from work, poured coffee into me, and drove me to the lecture I was to do that evening, as I continued to doze the whole way. I didn't know how I would talk that night—my brain wouldn't seem to work.

The evening lecture began around the time Flight 800 actually crashed. Suddenly my energy flooded back to me and I was clear, witty, and in a good mood. The next day as I heard what happened, I tried to understand my odd reaction. Why did I feel better right when the event was taking place? My inner voice told me that I had been drawn into the higher realms to help the people who were **preparing to die**. And that in a dramatic situation like this, when many people die suddenly all at once, there is a great disturbance in the subtle energetic and emotional levels of our awareness. In these cases, many people, both in physical bodies and on the other side, are called upon to act as guides to help stabilize the situation and educate the people who will die—because many won't consciously know when they've died because of the shock.

I realized that so much of my energy had gone to the victims of the accident, I could hardly maintain the consciousness in my own body. I was split, "bi-located." And that was why I needed to sleep, to make it easier to reach the people in those higher dimensions, to help them align their energy body and emotions with their soul's purpose, to make a smooth transition. I think many ordinary people, like you and me, help out at times like this, though we may not always realize what we're doing. Though our personalities may plead ignorance, our souls are exquisitely tuned in and talented in such matters.

My next insight was that I had suddenly become sick with a severe bronchial infection at the beginning of August, for seemingly no reason. I know that when I get a cold I am usually sad and need to cry—and a cold allows me to do that in symbolic form. Yet I had no emotional lows at the time, so being incapacitated for almost the entire month, and sleeping a great deal, was strange. I now sense this was similar to what I experienced in Baltimore—a proportionately longer period of assisting the proportionately greater number of souls who were preparing to die in early September. Perhaps you experienced something similar? A disturbance in the normal flow of your life during the weeks before?

When I watched the WTC attacks live that morning on CNN, staring in horror, and feeling the way each of those courageous people, both men and women, from nations all around the world, faced the end of their lives, I started to understand the scope of what was happening on the inner planes of existence. I “saw” an explosion of light from this world into the other dimensions as all the souls departed, and simultaneously saw an explosion of knowledge from the higher dimensions through that opening into this world. That explosion released waves of energy, each containing information and knowledge about our immediate evolution as souls. We were all struck by those waves on every level of our existence and are now trying to decipher the information we received—still—and understand who we really are, because I believe we are DIFFERENT now; we are more of our true selves. That knowing will fully integrate and reveal itself in time.

During my sickness in August I was also drawn down into my subconscious mind, and I felt very stuck, and some days, quite hopeless. All I knew to do was “keep walking.” Be with the process the way it was unfolding and don’t try to figure it out or change anything. I wrote these two poems during those weeks:

#1

like a lump of coal
I am being squeezed
in the fist of Superman
when he opens his hand
there I’ll be
gleaming
a diamond on his palm

#2

I’m deep down in
the living stone
the breathing rock
news travels slow in here
no sight, no sound
the self squeezed out of me
forced surrender of will
a world of patience and waiting
of sensing with the bones
knowing is sure
pervasive
the stone is the last step
toward God

I began to have the thought: “Maybe I’m dealing with the last residues of old karma and subconscious blocks, and of the limited parts of my parents’ belief systems, which I have at last outgrown. Perhaps this is the time where I will finally step over the line into my destiny: The Destiny Time. And maybe this is true for many of us. Perhaps now there will be no more preparation for being our true selves, we simply WILL express our soul’s purpose now without any distortion or unnecessary blockage.”

And then, September 11. Was this the official marker of the beginning of The Destiny Time? Were these events a catalyst to help people who were ready, shift over the line into action? I think it is interesting, for all the justified anger, that there is a prevailing feeling among the people I talk to, that we don’t want to respond in a way that makes us morally the same as the terrorists, that this as an opportunity to express good character and to stand up for what is good in our society and in our hearts. This crisis involves people from many cultures—we can’t pretend that we’re going through this alone. And it’s not something that other people can watch in an aloof manner and say, “This is not my business.” Spiritually, this is a world event, broadcast live into homes around the world, touching the heart of each person. We must each ask ourselves, “What do I stand for that is good? What will I take action on that is good? If it were my wife or husband, son or daughter, lover or friend, lost by the hand of hatred, how would I feel and act? I think it causes all of us to ask, “What is really important to me?”

Like the heroic passengers who agreed to risk attacking the hijackers on Flight 93 that crashed in Pennsylvania, knowing they were going to die, so they could prevent destruction to others, I sense we are all unconsciously deciding how we wish to live in our final moments. What 9/11 showed us is that the future is in the NOW. These moments we’re living right now are no different than our final moments and have as much power. The horrendous events have given us all a chance to CHOOSE to be fully present in our lives.

So what can we do to help? I return to my insights about the people who died. In a confusing catastrophe of such gigantic proportions, it is very helpful for you to calm your body, emotions, and mind, and enter a state of unity and peace. Radiate this energy out and out. Then, put your attention on all the souls who died violently and bring them inside your field of harmony. Allow them to be confused and disoriented. This is common with people who cannot find their bodies (due to explosion, fragmentation, or disintegration) and thus have trouble consciously disengaging after death and making a smooth transition.

Simply feel the people and extend your love to them. Talk to them as you would to a scared child. “You’re OK. You have died. Your loved ones are OK. They know you died. They love you and people all over the world love you. More than you know. Feel who you really are. You didn’t do anything wrong. Relax. Open your heart and look for the clear light. There are angels and helpers all around you. Let them guide you to a place where the waters are calm.” You might also pray to the higher levels of our human awareness, or God, or Buddha—whatever higher power you relate to—to bring clarity into this confusing but potentially positive situation.

In closing, I want to share something that came over the internet from David Spangler, who was involved with the founding of the Findhorn Community in Scotland. He received an intuitive message from what he called “The Soul of America” that said there was a large amount of dark or evil energy, like a cloud, that was floating around the planet now, looking for a place to land. The Soul of America volunteered, along with the souls of all those who died in the tragedy, to take on a large amount of that darkness

to transmute it through sacrifice, understanding, compassion, and good works. I like this idea—that a good heart, and faith in our unity and commonality, along with action based in unselfishness, can overcome hatred, no matter how negative and frightening the situation seems.

This is not a time for self righteousness and the reaffirmation of national ego. Instead, it is a rare time when we can recenter into the core values that our country was founded upon, and into the character traits we hold as noble in our own personality. This is a time to actively become a better human being, to practice and apply those values in small ways that no one sees, and in public ways that set an example for others. By doing this, we step into our destiny and empower ourselves to live a more inspired life.

Journal Prompt

When you still your monkey mind what image comes to you? Why are you seeing that image; does it relate to something in your life? Is it symbolic of some kind of energy you need? Or of an action you should take?

Excerpt from *The Present Moment: A Daybook of Clarity and Intuition* **I choose silence.**

Stop your internal dialogue for as long as you can, as often as you can today. Let your mind be like a soft muscle—totally relaxed. After each period of blankness, what is the first thought that emerges from the unknown? Keep on, and your first thoughts will become more and more pure.

I did a 24-hour visionquest some years ago at Mt. Shasta, California. I sat for what seemed forever, watching the mountain peak and its dancing cumulus and lenticular clouds, the circuit of the sun and moon, the multitudinous forms of nature in the pine needles under me, the trees above me, and the air all about me. I alternately wrote in my journal and meditated. I could quiet my busy, thought-generating mind for about a minute before I became distracted from my silence by the unlikely abundance of life teeming in that remote setting. I wrote, "Being in nature is exhausting, if I pay attention. The varieties of life compete raucously, even as it all coexists and ebbs and flows so smoothly. But this 'noise' is only an illusion to be penetrated with yet more attention, by becoming the forms instead of observing them. And perhaps the commotion I perceive is due to the smallness of my mind, and its prehistoric habit of knowing one thing at a time, from the outside rather than from within.

"Now: the second visit from the hummingbird, whizzing past, close, vibrating my left eardrum intensely. Now a third pass. He stops to hover. Listen, listen. What's the message he brings? He reminds me that inside his buzz, under his wildly beating heart lies the silent sound of the lifeforms. It's hard to hear it, though, in the grating calls of the katydids oscillating between the far sides of the forest. As I drifted off a moment just now in a nap, I was awakened suddenly by a woman's voice in my head saying, 'You have to be quick.' Does this mean anything?"

After another long lull, I continued to write. "The real work of enlightenment must come from the heart. A stillness in the heart reaches far, forever. It connects us to infinity, which is just our enlightened self. A quiet in the mind is what allows the extension of the heart's awareness, what helps us recognize the 'rest' of ourself. To think

without words. Sensation without description. One step toward quiet. To be aware without asking questions. Another step toward peace. Words slow us down. Maybe that's what she meant by 'You have to be quick.'"

Penney's 2002 Calendar

- January 27-31:** Intuition Fellowship Program/Part 1 with The Kaiser Institute, Royal Palms, Phoenix, AZ and private readings; www.kaiser.net
- February 22-23:** Evening Workshop, "Dreaming Your Way to Deeper Intuition," East-West Bookshop, Mountain View, CA, 7-9pm, \$25; 650/988-9800 • www.eastwest.com. Private Consultations in Los Altos 2/23; contact Penney at 415/898-8925 to reserve an appointment
- April 1-3:** Keynote and Workshop on Intuition for symposium on executive coaching at the Boeing Leadership Center, St. Louis, MO
- April 7-10:** Intuition Fellowship Program/Part 2 with The Kaiser Institute, Ponte Vedra, FL; www.kaiser.net
- April 26-28:** Classes and Private Consultations, Nevada City, CA; Evening Workshop, "Entering the Intuitive State," F4/26, 7-9pm; Half-day Creativity Workshop, "Writing Direct from Intuition," Sa4/27, 1:30-5:30pm; contact Suzie Daggett, 888/523-7919; sdaggett@pacbell.net
- May 25-31:** Private Consultations, Denver, CO; contact Penney at 415/898-8925 to reserve an appointment
- June 2-7:** Intuition Fellowship Program/Part 3 and The Philanthropy Project with The Kaiser Institute, Santa Fe, NM; www.kaiser.net
- June 8-11:** Private Consultations, Santa Fe, NM; contact Penney at 415/898-8925 to reserve an appointment
- June 20-23:** Classes and Private Consultations, Nevada City, CA; Lecture at New Frontiers, "The Art of Conscious Dreaming," Th7/20, 7-9:30pm; Evening Workshop, "Accessing Accurate Intuitive Guidance," F7/21, 7-9pm; Half-day Creativity Workshop, "Tapping the Hidden Power of Daydreams, Waking Dreams, and Fantasies," Sa6/22, 1:30-5:30pm; contact Suzie Daggett, 888/523-7919; sdaggett@pacbell.net
- Sept 11-13:** Keynote and Workshop on Intuition for western conference of Operating Room Managers, Long Beach, CA
- October 16-18:** Keynote and Workshop on Intuition for eastern conference of Operating Room Managers, Baltimore, MD
- October 19-31:** Classes and Private Consultations, Baltimore, MD; contact Pam Sabatiuk 410/795-7507.
- This Fall:** Tokyo, Japan (dates to be decided)

Announcements

PENNEY'S BOOKS: **The Intuitive Way: A Guide to Living from Inner Wisdom** is in 18 languages and still in print from Beyond Words Publishing. You can get it through amazon, thru me, or by ordering it at your local bookstore. **The Present Moment: A Daybook of Clarity and Intuition** is going out of print. Copies are still available via amazon and at bookstores, and I have purchased the remainders, so if you can't find it, contact me. **Dreams for Dummies** is doing well and is available at all major chains, and on amazon. For descriptions and reviews, see my website: www.intuitnow.com.

INTUITIVE MENTORING SERVICE: I am experimenting now with a simple telephone mentoring program. I'm offering 8 half-hour intuitive feedback and guidance sessions, to be used within a period of 2 months as you wish, for \$395. If you'd like the sessions taped, add \$50. This is enough time to tap into your inner process and help you correlate your inner and outer worlds to jumpstart greater ease and flow. I'll help you with everything from dream interpretation to the design and copy-writing/editing of brochures!

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Visionaries' Corner

The great Stoic philosopher Seneca wrote:

"[The wise] will start each day with the thought . . .

Fortune gives us nothing which we can really own. Nothing, whether public or private, is stable; the destinies of men, no less than those of cities, are in a whirl. Whatever structure has been reared by a long sequence of years, at the cost of great toil and through the great kindness of the gods, is scattered and dispersed in a single day. No, he who has said 'a day' has granted too long a postponement to swift misfortune; an hour, an instant of time, suffices for the overthrow of empires.

How often have cities in Asia, how often in Achaia, been laid low by a single shock of earthquake? How many towns in Syria, how many in Macedonia, have been swallowed up? How often has this kind of devastation laid Cyprus in ruins? We live in the middle of things which have all been destined to die.

Mortal have you been born, to mortals have you given birth. Reckon on everything, expect everything."